

# ARA

a healthy skin  
experience



*a medical spa  
owned and operated by  
Atlanta Plastic Surgery, P.C.*

**AYA MEDICAL SPA** is owned and operated by Atlanta Plastic Surgery, P.C., one of the city's oldest and most respected plastic surgery practices. Founded in 1968, Atlanta Plastic Surgery, P.C. is a renowned plastic and reconstructive surgery leader in the Southeast. With six plastic surgeons on staff, the group practice has led the region in research, surgical practice, and technical expertise.

***...now there's a way to reveal the true inner beauty of your skin...***

AYA offers medically approved, results-oriented skin care treatments in a calming, spa atmosphere. AYA is staffed by highly trained nurses and licensed estheticians who administer services combining spa luxury with medical grade, state-of-the-art equipment. Services are available for men and women of most skin types. These services include: Botox<sup>®</sup>, microdermabrasion, laser hair removal, FotoFacial RF<sup>™</sup>, facials, and more. Skin care consultations are complimentary.

*Reveal your inner beauty, set your skin free, and let your spirit soar at AYA Medical Spa*

## SKIN ANALYSIS

During consultation, a licensed AYA esthetician will listen to your concerns, evaluate your skin, and recommend a treatment plan based on your skin's individual needs. Using the latest digital imaging technology, we can reveal and treat skin damage, such as cumulative sun damage, that is not yet visible to the naked eye. More than preventative treatment, this system also allows us to track your progress.



**Standard Photo**



**UV Photo**

## FOTOFACIAL RF® & FOTOBODY RF®

The eMax™ laser's combined energy technology uses radio frequency and broad spectrum light to make your skin even-toned, smoother, firmer, clearer, and more youthful looking. This process safely and comfortably treats rosacea, broken capillaries, sun damage, age spots and hyperpigmentation of the face, neck, and body without downtime.



**before**



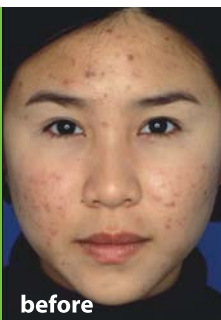
**after**

# OBAGI<sup>®</sup>

## MEDICAL

### OBAGI<sup>®</sup> MEDICAL

AYA has used OBAGI<sup>®</sup> Medical Products for over a decade. These medically prescribed skincare products work at the cellular level, beyond the skin's surface. Whether your skin is fair, dark, dry, oily, sensitive, or anything in between, there is an OBAGI<sup>®</sup> regimen that is right for you.



### OBAGI BLUE PEEL<sup>™</sup>

The Blue Peel is an in-office procedure designed to significantly improve the appearance and health of your skin. Using a low concentration of the chemical trichloroacetic acid (TCA) mixed with a special blue base to slow penetration, the Blue Peel strategically removes the thin surface layers of aged, damaged skin from the face or other parts of the body. The eliminated cells are replaced by healthier ones to improve the skin's own clarity and tightness. This procedure helps reduce the appearance of blemishes, acne scars, wrinkles, uneven pigmentation, and sun damage, to name a few.

## EMAX™ WRINKLE REDUCTION

The eMax™ system combines radio frequency and high-power Diode LASER to treat wrinkles at the surface and within the deep dermal layers. This safe and comfortable treatment firms the skin and stimulates collagen in less than 30 minutes with no downtime.



## REFIRME™ Skin Tightening

This treatment is the first to use radio frequency and light energies to promote collagen production and produce a firming effect in lax skin. This hour long treatment can reduce fine lines, improve skin tone and texture, rejuvenate radiance, and produce noticeable lifting without any downtime.



## EMAX™ VEIN TREATMENTS

The eMax™ system with elos™ combined energy technology uses the process of thermolysis to treat vascular lesions, unsightly facial veins, and unwanted spider veins on legs.



## LASER HAIR REMOVAL

AYA offers the Candela GentleMAX™ and GentleLASE™ laser treatments for safe, convenient and permanent removal of unwanted face and body hair. This process destroys the hair follicles without damaging the delicate pores and structures of the skin. Treatments can be performed on men and women of any skin tone.

## MICRODERMABRASION

Microdermabrasion is the most natural way to evenly and safely exfoliate the skin without chemicals. AYA utilizes the patented Megapeel® microdermabrasion system, which employs aluminum oxide crystals to finely resurface the topmost layer of the skin. The DiamondTome™ Skin Resurfacing System, which gently exfoliates the skin with a wand made of natural diamond chips, is our crystal-free alternative. This procedure is appropriate for all skin types and can improve the appearance of scarring, fine lines, wrinkles, uneven skin tone, dull and sun-damaged skin.



## SCULPTRA® AESTHETIC

Poly-lactic (fruit) acid and calcium molecules stimulate the body's own ability to produce collagen and reduce the appearance of existing wrinkles. With a few simple injections spaced six to eight weeks apart, you will notice firmer, younger looking skin of the temples, cheeks, nasolabial folds, marionette lines, and chin for up to two years following the initial series of treatments.



### CUSTOMIZED FACIALS

We offer several facials to accommodate different skin types and needs. AYA's licensed professionals choose products based on their analysis of your skin. Expect to relax during treatment with a gentle face, neck, shoulder, and hand massage. For a more intense treatment, try a Microfacial - a basic facial with a microdermabrasion treatment. From oily, acneic skin to mature, dehydrated skin, we can customize a facial treatment for you.

### CUSTOMIZED PEELS

AYA estheticians can customize a peel for any skin type. Using products such as medical-grade glycolic acid, we can rapidly and safely resurface your skin. Peels have several benefits such as reducing fine lines and wrinkles, smoothing and softening the skin, and encouraging cellular renewal. These peels are great for people with rosacea and can help lighten scars for people with darker skin tones. Our customized peels require no downtime and can even be done over the lunch hour.

## MATRIX RF™ FRACTIONAL SKIN RESURFACING

Matrix RF™ is the world's first radio-frequency only (non-laser and non-light-based) aesthetic procedure that is FDA-cleared to treat a range of skin conditions and skin types safely. This treatment is used to improve the appearance of wrinkles, acne scars, superficial skin lesions, textural irregularities, and skin laxity. This safe and effective treatment can be performed on most skin types.



## BOTOX® COSMETIC

Botox® Cosmetic is a highly effective, non-surgical procedure that smoothes the deep, persistent frown lines and wrinkles that have developed over time. One 10-minute treatment - a few tiny injections - relaxes the muscles that cause those lines to form and keeps them relaxed for up to four months.

## JUVEDERM®

Juvéderm® injectable gel is a safe, effective dermal filler that helps to instantly restore your skin's volume and smooth away facial wrinkles along the side of the nose and mouth. This non-animal filler is made from hyaluronic acid, a naturally occurring substance vital to hydrating your skin and replenishing its natural volume. There is minimal downtime or recovery with this treatment, and results can last up to six months or longer.



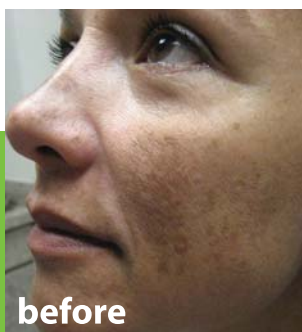
## LATISSE®

Latisse® is the first and only prescription treatment approved by the FDA for the promotion of eyelash growth. Latisse® is believed to make the eyelashes longer, fuller, and thicker by lengthening the hairs' growth phase and productivity. Results can be seen in as little as 8 weeks, with full results at 12 to 16 weeks.



## MELANAGE™ PEEL

The Melanage™ Peel is a superficial peel designed to improve the texture and appearance of hyperpigmented skin, such as uneven skin tone, deep pigment issues, and/or melasma. A medicated masque is applied in-office by a licensed esthetician followed by instruction and products for an at-home skin care regimen. Most patients will see a significant improvement in the appearance of pigmented areas: dark spots will lighten, skin texture will even, and skin tone will improve.



## OTHER SERVICES

*Eyebrow Sculpting • Facial Waxing  
Lash and Brow Tinting • Lash Perming • Radiesse® • VI Peel  
Mini Melanage™ Peel • Quelage Peel • ReVitalize Peel*

## SKIN CARE PRODUCTS

*Obagi® Medical Products • Revision® Skincare  
PhytoCeuticals • Neocutis • iS Clinical®  
Franché Mineral Makeup*

# AYA Locations

## Phipps Plaza

*Second Level next to Nordstrom*

3500 Peachtree Road

Atlanta, GA 30326

404.842.1772

## AYA - Northside

*Across from Northside Hospital*

975 Johnson Ferry Rd.

Suite 120

Atlanta, GA 30342

404.256.2157

## AYA - Newnan

*Open Fridays only & select services available*

60 Oak Hill Blvd

Suite 201

Newnan, GA 3026

770.253.8508

For spa hours and directions  
visit our website at [www.ayaskincare.com](http://www.ayaskincare.com)

Find us on Facebook & Twitter



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experience

[www.ayaskincare.com](http://www.ayaskincare.com)